

70% of tainted veggies had banned pesticides

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E-Paper

You rinse your veggies before cooking — rather than soaking them in lukewarm water — to quickly rid them of pesticides. You may have to sacrifice speed to protect your health. The Food Safety and Standards Authority of India (FSSAI) tested 1,739 vegetable samples from Gujarat and found that 251 had pesticide residues.

Of the tainted samples, 176 — almost 70% — had residues of 'non-approved' or banned toxic pesticides. In 51 samples, the FSSAI found pesticides exceeding permissible limits. The report, 'Monitoring of Pesticide Residues at National level', was released on October 19.

| | nand Agri Uni, Anand (lab) | NDDB Anand (lab) | | NIOH dabad | (lab) | | |
|---|-------------------------------|--|------------|--|-------|--|--|
| Total samples taken | 817 | 187 | | 735 | A | | |
| No residues | 622 | 172 | | 694 | • | SAMPLES COLLECTED Vegetables tested: Brinjal, okra, tomato, cabbage, cauliflower, green | |
| With pesticide residues | 195 | 15 | | 41 | _ | | |
| Non-approved pesticide residues | 130 | 14 | | 32 | | | |
| Above permissible limits of FSSAI | 43 | 0 | | 2 | | | |
| Samples with residue from APMC market | 106 | 11 | | 33 | | | |
| Samples from APMC with non-approved pesticide | 66 | 10 | | 28 | | chilli, capsicum, cucumber, green pea, bitter gourd and | |
| APMC samples with residues above FSSAI limits | 15 | 0 | 1 | | | coriander leaves NON-APPROVED PESTICIDES | |
| Farm vegetables with residue | 88 | 4 | | 8 | | DETECTED: Acephate, acetamiprid, azoxystrobin, | |
| Samples from farm veggies with non-approved pesticide | 63 | 4 | 4 | | | carbendazim, chlorpyrifos, cyhalothrin lambda, ethion, fenvalerate, imidacloprid, mancozeb, methamidophos, myclobutanil, profenofos, | |
| Farm vegetables with pesticide above FSSAI limits | 28 | 0 | | | | | |
| SAMPLES FROM CITIES | TOWNS | | | | | propiconazole, 28-pyraclostrot | |
| ANAND AGRICULTURAL UNIVER | VERSITY NDDB, ANAND: | | NIOH A'BAD | | | tebuconazole, thiamethoxam, triazophos | |
| Veggies from: Ahmedabad, Ami Dabhoi, Khambhat, Padra, Ankleshwar, Anand, Vadodara, Kuniray, Sankheda | Kheda, Udaipu | Veggies from: Rajkot, Kheda, Ahmedabad, Udaipur, Ratlam, Ujiain and Chittorgarh | | Veggies from: Surendranagar, Ahmedabad and Kadi | | | |

Three national-level laboratories in Gujarat participated in the study. They were the labs of Anand Agricultural University; National Dairy Development Board, Anand; and Indian Council of Medical Research-National Institute of Occupational Health, Ahmedabad. Vegetable samples were collected from towns and cities including Ahmedabad, Dabhoi, Rajkot, Khambhat, Padra, Ankleshwar, Anand, Vadodara, and Kadi. Vegetables collected for sampling were brinjal, okra, tomato, cabbage, cauliflower, green chilli, capsicum, cucumber, green peas, and bitter gourd.

The samples were collected from farms, organic farms, and APMC wholesale markets. The samples were collected between April, 2017, and March, 2018. Interestingly, Anand Agricultural University detected pesticide in a vegetable sample taken from an organic farm in Anand. Seventeen 'non-approved' pesticide residues were found in the vegetables.

Across the country, the FSSAI collected 23,660 samples for analysis. Pesticide residues were detected in 4,510 (19.1%). Residues in 523 (2.2 %) samples exceeded FSSAI limits.