

# FSSAI event to make people eat right

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**New Delhi:** The Food Safety and Standards Authority of India (FSSAI) will organise the first 'National Eat Right Mela' here from December 14-16, aimed at making people aware of safe and healthy eating habits, the food regulator said on Monday.

The three-day mela would provide a complete food experience for the entire family and an opportunity to know everything one needs to know about safe food and healthy diets, including quick tests for adulterants, health and nutrition benefits of different types of food, and dietary advice by experts, as per a statement.