

# Outlook

## **FSSAI to hold event on healthy eating habits**

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New Delhi, Dec 10 The Food Safety and Standards Authority of India (FSSAI) will organise the first 'National Eat Right Mela' here from December 14-16, aimed at making people aware of safe and healthy eating habits, the food regulator said on Monday.

The three-day mela would provide a complete food experience for the entire family and an opportunity to know everything one needs to know about safe food and healthy diets, including quick tests for adulterants, health and nutrition benefits of different types of food, and dietary advice by experts, as per a statement.

It would allow citizens to engage in dialogues and conversations with food visionaries and experts including celebrity chef Sanjeev Kapoor.

FSSAI CEO Pawan Agarwal said the mela would become an annual event and it would be replicated in at least 40 major cities.