

## Swasth Bharat Yatra flagged off

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## E-paper

Imphal, November 02 2018: Health and Family Welfare Minister L Jayantakumar Singh today flagged off a Swasth Bharat Yatra, cyclothon from the western gate of Kangla in Imphal.

Speaking on the occasion as chief guest, Jayantakumar said that the rally will not only propagate the important message of good health and wellbeing to the public but also a sense of belongingness and togetherness.

He also appealed the public for participation and cooperation in such activities. Guest of honour, CAF & PD Minister Karam Shyam said that cycling is a good exercise ~to reduce one's tension and improve the health condition of individuals.

The Minister also shared his personal experience of riding bicycle once a week stating that it not only helps saving at least some fuel but also mainstreaming a public life.

Band party of 1 st Battalion Manipur Rifles played the National Anthem as a part of the ceremony. Contingents of NCC boys and girls also attended the event.

Principal Secretary Health Services Manipur V Vumlunmang (IAS), Director Health Dr K Rajo Singh, SP Imphal West Jogeshchandra Haobijam and other officials also attended the flagging off ceremony.