



# NORTHEAST NOW

## Assam: KAAC CEM flags off Dimapur cyclists' journey

**Dated: - 11<sup>th</sup> November 2018 (Sunday)**

**E-paper**

The Chief Executive Member (CEM) of Karbi Anglong Autonomous Council (KAAC), Tuliram Ronghang, flagged off the journey of bicycle riders from Dimapur in Nagaland for their onward journey from the premises of KAAC Secretariat here in the morning.

The cyclists are on a mission to create awareness on healthy eating habits – Eat Right India campaign of Swasth Bharat Yatra, an initiative of Food Safety and Standards Authority of India (FSSAI).



At 8 am, Master of Ceremonies of Eat Right India, Chandrika Das explained the purpose of riders and a pledge was conducted by her in which CEM Ronghang and his Executive Committee, KAAC Amar Sing Tisso and Khan Sing Rongpi, Members of Autonomous Council (MACs), Mangal Sing Timung and Ramsing Timung, and officials including Joint Director of Medical

and Health Services Kareng Rongpipi and others participated. The pledge was to take less sugar and salt in our diet.

CEM Ronghang suggested that the message should be spread through social media like WhatsApp.

The bicycle riders took the Diphu-Lumding road to Hojai from where they will be relieved by another team of bicycle riders.

The riders were followed by an ambulance and a bus so that in case of emergencies or exhaustion the riders could be picked up.