

**REPORT ON SAFE & NUTRITIOUS FOOD FESTIVAL
AT DPS RK PURAM
(3rd Feb'2018)**

Twenty Students Health & Wellness coordinators along with 4 Teacher Health & Wellness Coordinators from the 4 Municipal Corporation Schools, where snf@school is being implemented by Child Survival India & Save The Children, with the support of Mondelez, attended the “Safe and Nutritious Food Festival” organized by the Delhi Public School, R.K. Puram on 3rd February 2018.



Students from classes VI to XI from 16 schools from across Delhi participated in the interschool competitions based on the theme of Safe & Nutritious food:

- a. **Nutritious Can Be Delicious:** An On-the-Spot Fireless Cooking Challenge had students making nutritious sandwiches, Salads, drinks using sprouts, curd, fruits, dry fruits, cereals, biscuits etc.
- b. **Eat Right, Be Right:** It was a team based quiz event that had questions on balanced nutrition, sources of food, healthy & unhealthy foods etc.
- c. **Healthy Self, Heal Thyself:** A Just-A-Minute Competition based on snf@school curriculum





A street play on good food habits was performed by the students of DPS RK Puram.



Children were particularly delighted to meet Master Sehat and Miss Sehat, the Mascots of SNF@School, who were giving information about healthy eating habits.

Feedback from Students & Teachers :

“I saw different types of salads and would love to make and eat those healthy salads at home with my Ammi.”

--Humayun, Student ,MC Primary School ,Gali Kasim Jaan (Boys)

“This kind of event is a good exposure for our students and It is an interesting way of disseminating information on safe and nutritious food among the school children. We will also plan and do something like this in our school.”

--Mrs Vanadana Sharma , Teacher, MC Primary School, Muftiwalan -I

SNF@School – Safe and Nutritious Food Festival 2018

Delhi Public School, R.K. Puram was the proud host of the first Inter School ‘Safe and Nutritious Food Festival’, SNF@School , held on 3 February 2018, organised by the Biology Department.

A total of 16 schools from across Delhi sent in their students from classes VI to XI for various events, namely ‘Nutritious Can Be Delicious,’ an On-the-Spot Fireless Cooking Challenge; ‘Eat Right, Be Right,’ a Quiz Contest, and ‘Healthy Self, Heal Thyself,’ a Just-A-Minute Competition. 40 students from 6 MCD Schools along with their teachers visited the school and got a feel of all the events. A street play on good food habits was organised for the students in the stage area.

SNF@ School is a nation-wide campaign to help school children inculcate the habit of eating safe and eating right.

The Valedictory Function began with the felicitation of the guests by the Principal, Ms Vanita Sehgal. In her welcome address, she acknowledged the entire Biology Department’s efforts and shared how food affected her happiness in life positively. Praising Indian food for providing a balanced diet, she concluded by reminding them that winning was not everything – rather, coming together for an important cause was.

Next, a Ganesh Stuti was presented to invoke the blessings of Lord Ganesha, which was followed by introduction of Master Sehat and Miss Sehat, Mascots of SNF@School, who enlightened the audience about healthy eating habits. The students from MCD schools were delighted to meet Master and Miss Sehat, Rohan and Riya of Sehat team.

The winner of ‘Nutritious Can Be Delicious,’ showcased their item and apprised of it to the audience. The Expressions Theatre Club of the school astounded the audience with their edifying street play on healthy food habits.

The Prize Distribution ceremony was conducted by Ms Niva Chhonkar, Head of the Biology Department. The winners of all the events were awarded certificates and trophies.

“Healthy Self, Heal Thyself – Just A Minute” was won by Air Force Bal Bharti School, Lodi Road, while Hope Hall Foundation School , R K Puram came second and Bloom Public School, Vasant Kunj came third.

Hope Hall Foundation School, R K Puram won the first prize in the “Eat Right Be Bright – Quiz”, followed by Bhatnagar International School, Vasant Kunj and The Air Force School, Subroto Park in the second and third places respectively.

The first prize for “Nutritious Can Be Delicious – Fireless Cooking” was bagged by SS Mota Singh Model School, Paschim Vihar, the second position by The Indian School, Sadiq Nagar while the third prize went to Mount Abu School, Rohini.

The Overall winner was Hope Hall Foundation School, R K Puram.

The vote of thanks was delivered by the Vice Principal, Ms Anita Singh, who thanked the guests and the organizers of the programme and wished the students the best for the future. The event concluded with group photographs of the organizing staff and the Indian National Anthem. It proved to be an enlightening and inspiring event for all its participants and spectators.

Photos are available on below mentioned link

https://photos.google.com/share/AF1QipNt7mpdzyHn14udKzqAd4koVs5kLnNugCVt-1I7yj7_lz9OER4FBF6n8b1X8SbRfQ/photo/AF1QipMLOX_VrMLmsWBbptsBMLskWwiSzGtOrom6u2Fz?key=MUdGQ1VPVE5uMU4zjbVVU2QwTkt1aHgyaXVIaEdB